

Rising inflation is making life difficult for poor and middle class

Prices of fruits and vegetables are skyrocketing. Inflation hits pockets of common people



Like previous years, this year too, the rainy season is becoming a cause of trouble for the people of the capital. Because, along with the food items used in everyday life, vegetables are also getting expensive. Due to which, the life of poor and middle class families is becoming difficult. Inflation is already skyrocketing for the common man everywhere.

In such a situation, the prices of vegetables have troubled people a lot. Garlic and onion are making people cry, while tomatoes have spoiled the taste of vegetables. Other vegetables are also disappearing from the plates. The prices of some vegetables have crossed the century mark. There is no hope of vegetables becoming cheaper during the rains. Be it food items or vegetables, its prices do not increase just like that. The reason behind this is black marketing and hoarding. Hoarding has the biggest role in the increase in prices. Because, when the vegetable season arrives, the commission agents and moneylenders store these vegetables in cold storage beyond

Price of vegetables in rainy season

Vegetables	Per kg
Apple	200 to 220 rupees
Onion	18-22 25-30 rupees
Tomato	100 to 120 rupees
Okra	40 to 42 rupees
Terminalia	40 rupees
Plum	50 to 60 rupees
Lemon	25 to 50 rupees
Cucumber	30 to 40 rupees

and ladyfinger is between 40 to 80 rupees per kg. While, the price of tomatoes is between 80 to 120 rupees per kg.

Pulses are also creating trouble

These days it is becoming difficult for people to even eat roti. Because, along with vegetables, all kinds of pulses have also reached 180 to 270 rupees per kg in the market. The reason for the increase in the price of all these food items is hoarding as well as the supply chain being affected. During the rainy season, movement of big vehicles becomes a bit difficult. Due to which sometimes vegetables take more time to reach and they get spoiled. Due to this, vegetable vendors are forced to sell vegetables at a higher price.

Fruit trader Mohammad Mustaq says that fruits and vegetables become expensive in the rain. The most expensive fruit at this time is apple. Its price these days is 200 to 250 rupees per kg. The reason for this is that these are off-season fruits, but on-season fruits like mangoes are also available at 70-80 rupees per kilo.



Onion trader Azam Ali says that due to rain, onions get infected. Due to which they rot. Due to low production and high demand, onions become expensive. At present, onions are available at 40-30 rupees per kilo.



Due to vegetables being expensive, we are not able to eat many types of vegetables. Vegetables without onion and tomato seem tasteless, but what can one do in such high inflation. The government should think about how the poor are living.



Vegetable trader Ramji Lal says that vegetables get spoiled due to the last rain. Therefore, production is less and many vegetables also get spoiled.



Vandana, who is buying vegetables from Piplani market, says that all vegetables are very expensive and get spoiled very quickly. Due to which too many vegetables cannot be stored at once. Every day we have to buy expensive vegetables and eat them.



When vegetables become expensive, we have to increase our prices too. In such a situation, many times people cancel the order. Many times we have to talk in advance, but due to vegetables becoming expensive, we have to bear losses. In such a situation, many times we have to be satisfied with less.



Formation of new executive of Photo Journalists' Association

Bhopal: The meeting of Photo Journalists' Association was organized on 09 July at Apsara Restaurant, Ravindra Bhawan, in which the executive body was unanimously formed, which is as follows:-
Patron: Sanjeev Gupta, M. Farooqui, Praveen Vajpayee
Advisory Board: Rajiv Gupta, Anil Dixit, Shan Bahadur Ajay Sharma, Praveen Dixit, Abrar Khan, Devendra Dubey
President: Shamim Khan
Vice President: Rajiv Sarathe
Secretary: Subhash Thakur
Joint Secretary: Rajvinder Singh
Treasurer: Mahesh Vishwakarma
Joint Treasurer: Rakesh Saini
Spokesperson: S.C. Verma
Convener: Nirmal Vyas
Co-convener: Ajay Solanki
Members: Tabrez Khan, Ashraf Ali, Chandresh Mathur, Naveen Velvanshi, Laiq Khan, Atiq Khan, Dilip Chouksey, Gaurav Singh Rajput, Laxman Sonia

Appointment letters issued to 28 Vikram Awardees

Most jobs given in Water Resources Department, 3 in Medical Education, 2 in Energy, 1 in Forest

Bhopal: Appointment letters for government jobs have been issued to 28 Vikram Awardees, including star players Pooja Vastrakar (Cricket), Prachi Yadav (Kayaking-Canoeing), Bhagwan Singh and Ratnesh Pandey (Everest), and Chinki Yadav (Shooting).

According to the government's plan, there is a provision to give jobs to the Vikram Awardees of the state. Deputy Secretary Sports has issued appointment letters for government service to the players. 14 players have got government jobs in Water Resources, 05 in Ur-

ban Development, 03 in Public Works Department, 03 in Medical Education, 02 in Energy Department, 01 in Forest Department. Sonakir, Puja Vastrakar, Chandrakant Harde, Vishwajit Singh, Harshvardhan Singh Tomar, Adhya Tiwari, Sudipti Hajela, Poonam Sharma (Divyang), Bhuraksha Dubey, Pragati Dubey, Rajveer Singh, Raju Singh, Dhananjay Dubey, Nancy Jain in Water Resources Department; Puja Parkhe, Aarti Nath, Ragini Chauhan, Rohit Vajpayee, Ratnesh Pandey in Urban Development and Housing Department; Rajeshwari Kushram, Prachi Yadav (Divyang), Nidhi Nanhet in Public Works Department; Kanchan Jyoti, Aditya Dubey, Subodh Chaurasia in Medical Education Department; Jai Meena, Bhagwan Singh Kushwaha in Energy Department and Chinki Yadav in Forest Department have got jobs.

Paramvir Chakra awardee Subedar Major Sanjay Kumar delivers lecture at 'Prerna' NHPC lecture series



Bhopal: Paramvir Chakra awardee Subedar Major Sanjay Kumar delivered a very motivating and invigorating lecture at 'Prerna - the NHPC lecture series' on 9th July 2024 at NHPC Corporate Office, Faridabad. Uttam Lal, Director (Personnel), NHPC and Santosh Kumar, CVO NHPC were present on the occasion alongwith a large number of NHPC employees and their family members. Gayatri Goyal, Chairperson, ladies club alongwith Mona Lal and other members of the

ladies club were also present on the occasion. The programme began with the lighting of the traditional lamp. In his welcome address, Uttam Lal, Director (Personnel), NHPC welcomed Paramvir Chakra awardee Subedar Major Sanjay Kumar and expressed his gratitude to him for taking time off his busy schedule and gracing NHPC with his presence. Lal said that it is only due to bravehearts like Paramvir Chakra awardee

Subedar Major Sanjay Kumar that we can feel safe and sleep peacefully at home while they guard our borders. Lal further said that NHPC employees are also posted at remote locations just like Indian army soldiers in the service of the nation. Paramvir Chakra awardee Subedar Major Sanjay Kumar delivered a highly engaging and insightful lecture on his experiences during the Kargil conflict between India and Pakistan. He gave a first hand account of the various successful army operations during the Kargil War which showcased the high level of bravery and capability of the Indian Army. He also attuned the audience about the true leadership skills exhibited on the battlefield which can also be applied by the corporate world.

3-day Jain Sahasranama Vidhan begins with flag hoisting

Bhopal: Three-day-long Sahasranama Vidhan started with a grand flag hoisting ceremony in the presence of Muni Dwivedi 108 Veer Sagar Maharaj and Vishwa Surya Sagar Maharaj Ji in 1008 Parshvanath Digambar Jain Temple, Ashoka Garden. In the morning, Gurudev made the devotees meditate. After the Abhishek Shanti Dhara of Shriji, sermons were given by Muni Dwivedi and before starting the Vidhan, the eligible people were selected. They included Saudharma Indra Sunil Jain Delhi, Kuber Indra Amritlal, Sanjay Jaisinagar, Mahayagya Nayak Bharat, Sunita Jain Damoh, Jyoti Ashok Jain Sarni, Ishan Indra Engineer, Anil Jain, Sanat Indra, Paramchand Sultan-



pur Wale. In the evening, Guru Bhakti doubts were resolved and Gurudev's Aarti was performed. Jyoti Ashok Jain Sarni of the society told that the President of Chowk Jain Samaj Manoj Banga was present in the program. Society president Sachendra Jain Guddu, general secretary Sharad Ajmer, secretary Pradeep Jain Jaisinghnagar, treasurer Dilip Jain, secretary Rakesh Mungawali, Sushil, Manoj Jain, Tanu Harishchandra Sweet, Vinod Jain Daou, Arvind Jain Laddu, Satish Sahara, Rajesh Jain Punjabi Bagh, Rakesh Transport, Vinay Silwani Kamal Transport, Bipin Tada, Sandeep Bhaskar, Ravi journalist, Arun Jain Sarni and a large number of devotees were present.

ATTENTION TAXPAYERS!

HOLDING FOREIGN ASSETS/ BANK ACCOUNTS, ETC.?

PLEASE FILL THE FOREIGN ASSET SCHEDULE IN ITR

LAST DATE TO FILE ITR FOR AY 2024-25: **31ST JULY, 2024**

IF YOU ARE

A TAX RESIDENT OF INDIA IN THE PREVIOUS YEAR, AND

OWN FOREIGN ASSETS OR BANK ACCOUNTS, OR

HAVE EARNED FOREIGN INCOME DURING THE PREVIOUS YEAR

FOREIGN ASSETS (FA) INCLUDE

- Foreign Bank Accounts
- Foreign Equity and Debt Interest
- Foreign cash value insurance contract or annuity contract
- Trusts, outside India, in which you are a Trustee, Beneficiary or Settlor
- Financial Interest in any Entity/Business
- Account(s) in which you have Signing Authority
- Immovable Property
- Any other Capital Asset
- Foreign Custodial Account
- Any other Foreign Assets as held and prescribed in Schedule FA

ATTENTION

A RESIDENT IN INDIA MUST FILL FA/FSI SCHEDULE FOR THE FOREIGN ASSETS/ACCOUNTS HELD AT ANY TIME DURING THE CALENDAR YEAR 2023

EVEN IF,

1

You do not have any taxable income or your income falls within basic exemption limit

2

Same information is captured in any other schedule (like schedule AL)

3

The Foreign Asset is created/acquired from disclosed sources of foreign income or domestic income

Please Note: Failure to disclose a foreign asset/income in the ITR can attract a penalty of Rs. 10 lakh, under the Black Money (Undisclosed Foreign Income and Assets) and Imposition of Tax Act, 2015, despite acquisition of foreign asset out of disclosed income.

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