

United Malayalee Association Hosts Grand Onam Celebration

The Campion School Auditorium in Arera Colony was a riot of color and joyous celebration as the United Malayalee Association (UMA) hosted a spectacular Onam festival, bringing the rich traditions of Kerala to the heart of Bhopal. The event, a testament to community spirit and cultural preservation, was graced by esteemed dignitaries and saw an unprecedented turnout, with a strong presence of youth and families.

Vishwas Sarang, Minister for Sports, Youth Affairs, and Co-operatives, inaugurated the celebrations, highlighting the significance of such events in enriching the city's cultural mosaic. "It is truly a pleasure to witness how the Malayalee community in Bhopal celebrates this festival with such grandeur and enthusiasm," said Minister Sarang. "Kerala's cultural traditions and vibrant festivities add to the rich and diverse cultural fabric of our city. The way you have seamlessly blended your traditions with the local culture beautifully reflects the harmony and unity that prevails in our society."

The event drew a host of prominent figures, including Raghuraj M.R. IAS, Secretary to the Government of MP Labour Department; Smt Anju Arun Kumar, IAS, CEO, Smart City; Mr D K Nagendra IAS, Deputy Secretary to Chief Secretary; John Kingsley IAS, Secretary Narmada Valley Development Department (NVDA); Mr Ravi Rai, SDM Bhopal; Kevin Toms Skaria, Senior Deputy Accountant General; and Sabu Antony, Deputy General Manager of



RBI. Their presence underscored the mutual respect and integration between the Malayalee community and the broader society in Madhya Pradesh.

In his welcome address, UMA President O.D. Joseph extended warm greetings to the gathering, reflecting on the festival's deeper meaning and the community's collective effort. "This year, the celebrations are particularly special as we see a strong surge in participation, especially from our youth and cultural organizations," said Joseph. "From the intricate Pookalam and mega Thiruvathira to the grand Onasadya and vibrant cultural programmes, the weeklong event reflects our unity and collective strength. Onam, for

us, is more than just a festival; it is a reaffirmation of our values of equality, prosperity, and togetherness. It is a time to remember our roots and to share the joy and abundance with everyone, regardless of their background."

Artistic talent

The cultural segment of the celebration, a true highlight of the evening, showcased the artistic talent within the community. The Kalanjali troupe, under the theme 'Keralaliyam Nritya Sangamam', presented graceful traditional Kerala dance performances that left the audience mesmerized. The repertoire included a delightful mix of semi-classical dance,

Naadodi folk dance, the energetic Thiruvonam Vallamkali (boat race) dance, and a charming Poovaali dance by young children. The Natyasree dance troupe took the stage to present a powerful jugalbandi on the theme of unity and diversity. Their 'Nritya Sangamam' was a beautiful fusion of Bharatanatyam, Mohiniyattam, Kuchipudi, and folk dance, with energetic choreography that truly brought alive the spirit of Onam. The crowd gave a warm applause to Ms. Tanishka, whose elegant solo performance added further charm to the evening. In total, more than 100 participants performed during the cultural segment, a testament to the community's dedication to preserving their artistic heritage. The arrival of King Mahabali, the legendary figure symbolizing prosperity and equality, was greeted with great cheer and excitement. Dressed in traditional attire, the figure of Mahabali was a magnet for children, who eagerly participated in the celebrations, posing for photos and soaking in the festive atmosphere.

Captivating magic show

Adding an element of surprise and wonder, a captivating magic show by George Clinton from Kerala enthralled both young and old. His skillful performance, a mix of illusion and entertainment, kept the audience on the edge of their seats and provided a refreshing interlude to the evening's program. A special moment of pride for the community was the felicitation of Ankit Menon, the ac-

claimed Malayalam music composer. His significant contributions to music have earned him recognition and admiration within the community and beyond. The felicitation served as an inspiration to aspiring artists and a nod to the immense talent that the Malayalee community nurtures. The highlight of the evening was an entertaining comedy show by Sajan Palluruthy, the celebrated Malayalam film star known for his roles in movies like Action Hero Biju (2016) and IDI: Inspector David Ibrahim (2016). A versatile artist and motivational speaker, Palluruthy captivated the audience with his unique blend of humor and storytelling. His performance not only left the audience in splits but also conveyed positive and inspiring messages, making the segment both enjoyable and meaningful.

The festivities came to a close with the prize distribution ceremony for various competitions, especially the vibrant Pookalam (floral carpet) contest, which had seen creative and beautiful designs throughout the week. The final words of the evening were a heartfelt Vote of Thanks delivered by UMA's Linu Varghese, who expressed gratitude to all the guests, sponsors, participants, and volunteers who made the event a grand success. The Onam celebration reaffirmed UMA's unwavering commitment to preserving Kerala's cultural heritage while strengthening community bonds and spreading the message of unity and harmony in Madhya Pradesh.

Remove Negative Energy Using Astrological Remedies?



ties that help remove negative energy from the surroundings.

Burn camphor daily in the morning and evening

Smudge the home with sage to cleanse energy blocks

Keeping Vastu-Friendly Items

To attract positive energy and maintain balance:

Place a bowl of water with lemon and salt in rooms with heavy energy

Use wind chimes or bells to break stagnant energy

Keep Tulsi (holy basil) at home for spiritual protection

Strengthening Planetary Energies through Donations

Donating to the needy is an excellent remedy for negative planetary effects. Based on astrology:

Donate black sesame or mustard oil on Saturdays to pacify Saturn

Offer milk or rice on Mondays for Moon-related issues

Contribute yellow items (turmeric, bananas) on Thursdays to strengthen Jupiter

Meditating with Rudraksha Beads

Rudraksha beads are powerful spiritual tools that protect against negativity. Meditating with them enhances inner peace and creates a protective shield against negative influences.

How Can Astrological Remedies Improve Your Life? By practicing the above remedies, you can:

Remove negative energy and restore emotional stability

Improve relationships by eliminating conflicts and misunderstandings

Boost career growth by attracting positive planetary influences

Enhance health and well-being by balancing spiritual energies

Gain mental clarity and reduce unnecessary stress when applied correctly, these remedies help restore harmony and allow positive energy to flow freely into your life.

Remove negative energy with powerful astrological remedies. Learn how mantras, gemstones, and Vastu corrections can cleanse negativity. Insights from the Best Astrologer in India.

Understanding Negative Energy and Its Impact

Negative energy isn't just a myth—it manifests in various ways and can disrupt life's harmony. Some common signs of negative energy include:

Frequent conflicts in relationships and family life

Unexplained fatigue or stress despite proper rest

Career or financial setbacks without any clear reason

Health issues that persist despite treatments

A constant feeling of heaviness or uneasiness

In astrology, negative energy is often linked to malefic planetary influences, weak planetary placements, or past karmic imbalances. When left unaddressed, these issues can intensify and affect different aspects of life.

Astrological Reasons for Negative Energy

Several planetary influences may contribute to negativity in life:

Saturn (Shani) Malefic Effects

Saturn is a karmic planet, and its Sade Sati or Dhaiya phases can bring financial troubles, mental stress, and delays in important work.

Rahu and Ketu's Influence

Rahu and Ketu are shadow planets associated with illusions and sudden changes. Their negative influence can lead to confusion, stress, and even obstacles in career and relationships.

Weak Sun and Moon in the Birth Chart

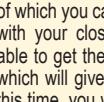
The Sun represents confidence and self-worth, while the Moon governs emotions. A weak Sun can lead to self-doubt, and a weak Moon can bring emotional instability.

Vastu Dosha in Home or Workplace

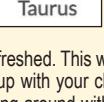
Negative energy can affect our mental, emotional, and physical well-being. It can make us feel drained, anxious, or even block progress in different areas of life. While external circumstances can contribute to negativity, astrology suggests that planetary influences and spiritual imbalances also play a significant role. Fortunately, astrological remedies offer powerful ways to remove neg-

Weekly Horoscope: September 07th to 6th September 2025

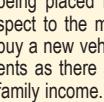
You're probably sick of hearing this but: there's a lot happening this week. The astrology of 2025 isn't getting any less intense, but it is getting a bit more joyful. That being said: sometimes it's only when things get easier that the impact is felt. Like delayed soreness after a workout. Communication planet Mercury meets up with expansive Jupiter on the 9th, an aspect that closes the loop between our big ideas and the steps we must take to achieve them.



Aries Due to Jupiter being placed in the third house with respect to the moon sign, this week, religious instincts will develop within you. Because of which you can plan to visit a religious place with your close friends. There, you will be able to get the blessings of a saintly person, which will give you a lot of mental peace. At this time, you will be able to get in touch with many honorable people of the society. During this time, you will be seen creating new strategies and plans by learning from their experiences. Which will help you to invest your money wisely in future. This week, refrain from expressing your feelings to any household member or a friend.



Taurus Due to Saturn being placed in the eleventh house with respect to the moon sign, this year your health will be better than normal, due to which you will feel refreshed. This will be the time when you will be up with your cheerful disposition, openly joking around with others. If you have been facing problems concerning money for a long period of time, you will be able to overcome it to some extent during this week. This will help you not to face legal troubles and thus, you can make any decision wisely. Due to Jupiter being placed in the second house with respect to the moon sign, this week, you can buy a new vehicle on the advice of your parents as there are possibilities of increase in family income.



Gemini Due to Jupiter being placed in the eleventh house with respect to the moon sign, this year your health will be better than normal, due to which you will feel refreshed. This will be the time when you will be up with your cheerful disposition, openly joking around with others. Due to Ketu being placed in the third house with respect to the moon sign even during this week, do not forget to lend money to anyone and if it is necessary to do so for any reason, take all the documents in writing from the lender about when they will return the money. By doing so, you can protect yourself from many types of risks.



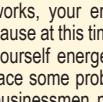
Cancer Due to Jupiter being placed in the third house with respect to the moon sign, you will be able to understand this week very well that, if you include yoga in your routine, many of your health problems will go away. Because this week will give you many opportunities to reflect and attain self-realization, in terms of health. This week, you will need to keep a control over unnecessary spending. Otherwise you may get short of money at the time of need, due to which your stress levels and their burden of repaying can increase.



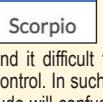
Leo Due to Jupiter being placed in the eleventh house with respect to the moon sign, this week, your health status will be better than before and therefore, you need to participate in those interesting activities that give you peace and contentment and hence, you will be successful in staying away from mental stress. This week, the natives of this zodiac sign need not take any risk associated with money. Although there are conjunctions of getting financial benefits from several sources, they need to prepare themselves for everything before making any investment. Due to Saturn being placed in the eighth house with respect to the moon sign, ongoing stress in Family Life this week, do not let your concentration break.



Virgo Due to Rahu being placed in the sixth house with respect to the moon sign, your efforts to refine yourself will have a positive impact on your health and as a result, you will feel confident. You should understand well that in the hour of grief, only your accumulated wealth will work for you. Therefore, the idea of storing your wealth will not only be in your mind this week, but you will have to start working on it from this week itself. This week, you will get support from your older siblings more than you expect.



Libra Due to Rahu being placed in the fifth house with respect to the moon sign, this week, despite the success achieved in some important works, your energy levels will decline. Because at this time, you will not be able to keep yourself energetic, and due to this you may face some problems. This week, traders and businessmen may have to move to another state in connection with the work, where they will waste a lot more money than expected. This week, there is a possibility of growth in love, friendship and mutual bonding. Along with this, any e-mail or message will bring good news for the family. Because of which you will be making merrier together with your whole family.



Scorpio Due to Jupiter being placed in the eighth house with respect to the moon sign, this week you will look very emotional, due to which you will find it difficult to keep your emotions under control. In such a situation, your peculiar attitude will confuse people and hence you may get annoyed. It will be better for you, just avoid disclosing your feelings to others. Due to Saturn being placed in the fifth house with respect to the moon sign, this week, the income of employed natives is expected to increase. In such a situation, they are advised to spend their money on some small investments, because only this will give them the possibility of attaining economic benefits, and they will be successful in securing their future.



Sagittarius Due to Jupiter being placed in the seventh house with respect to the moon sign, this week you will have to start everyday with a good workout, yoga or exercise. During this time, if you encourage your family members to be a part of your healthy journey, then you can be successful in keeping yourself and them healthy. As you know, morning is the time when you can brew positivity within yourself and stay that way throughout the day while feeling good about yourself. So, include it in your routine and follow it regularly.



Capricorn Due to Jupiter being placed in the third house with respect to the moon sign, the week will bring positive changes to your health and will be for highly favourable for getting rid of neck related problems. Due to Jupiter being placed in the sixth house with respect to the moon sign, at the beginning of this week, all kinds of financial troubles in your life will be eliminated. Due to such an improvement, it will be easy for you to buy many important things in the middle of the week, thereby adding to your comforts.



Aquarius Due to Saturn being placed in the second house with respect to the moon sign, this week will not be like those lucky days. Therefore, whatever you said during this time, just speak thoughtfully. Because a little discussion can drag along throughout the day and become a big controversy. This can make you prone to suffering from mental stress. Due to Jupiter being placed in the fifth house with respect to the moon sign, your financial status will improve to a great extent as you will be able to save money during this time. There are possibilities that you need to make big decisions to make your financial status strong.



Pisces Due to Saturn being placed in the first house with respect to the moon sign, this week, many health problems can cause troubles for you. In this case, take care of your eyes especially, ears and nose, because you are likely to get an infection related to it. If you make a long-term investment this week, you can gain a lot of benefit from it. However, you will need to read any decision only after consulting the elders of the house. Along with this, you can also leave office in time and try to spend more time with your family members.

