

Hockey: India beat Canada in Sultan Azlan Shah Cup

Ipo (Malaysia), (UNI)

In a high-scoring encounter, Indian Senior Men's Hockey Team outclassed Canada 14-3 to top the pool standings and make the final of the Sultan Azlan Shah

Cup here on Saturday.

Sultan Azlan Shah Cup: Jugraj stars in India's 14-3 win against Canada

Having lost only to Belgium by a goal earlier in the tournament, India were upbeat after a sensational 3-2 win against New Zealand in their previous game.

The match began with an early goal by Nilakanta Sharma in the fourth minute, followed by a 10th minute goal by Rajinder Singh who has been in good nick, since his debut in the senior side.

It was a thrilling start to the game with Canada responding to the early goals by creating PCs and even converting from them.

In the 11th minute, almost soon after Rajinder's goal, Brenden Guliuk converted a fine PC. Two more goals were scored in the fol-



owing minutes through Jugraj Singh and Amit Rohidas in the 12th and 15th minute respectively.

This 4-1 lead put India in good stead to build on their performance in the second quarter. With senior stars in the team rested for this tournament, the onus to out-

shine was on a younger lot and they did well to hold off pressure from Canadian defence.

A flurry of goals continued in this quarter with Rajinder scoring in the 24th minute, Dilpreet Singh in the 25th minute and Jugraj scoring his second goal in the 26th

minute.

Ahead by 7-1, India were unstoppable but Canada came into the third quarter with slight modifications in their attack that led to a penalty stroke in the 35th minute. Matthew Sarmento made no mistake in pumping this one into the post to take the score line to 7-2, still favouring India.

Meanwhile, Jugraj scored his hat-trick in this quarter when he struck in the 39th minute, and Selvam Karthi scored in the 43rd minute to extend India's lead to a massive 9-2. The final quarter was just a formality but this is where maximum goals came by with both teams upping the ante. Six goals were scored in this quarter.

It all began with Amit Rohidas's PC in the 46th minute followed by Jugraj's penalty stroke conversion in the 50th minute.

Both teams continued to trade PCs and Canada ended up scoring from it too with Jyothswaroop Sidhu's goal taking the score line to 3-11.

Tanvi, Unnati reach women's singles semis at Syed Modi International



Bengaluru, (UNI)

India's badminton contingent made a strong showing at the Syed Modi International 2025 as Tanvi Sharma, Unnati Hooza, and Kidambi Srikanth advanced to the semi-finals on Friday.

World No. 54 Tanvi Sharma continued her remarkable run in the women's singles by defeating Hong Kong's Lo Sin Yan 21-13, 21-19 in 38 minutes. She will next face fifth seed Hina Akechi of Japan.

Top seed Unnati Hooza also progressed, overcoming compatriot Rakshita Ramraj 21-15, 13-21, 21-16 and will meet Turkey's fourth seed Neslihan Arin in the semi-finals.

In men's singles, former world No. 1 Kidambi Srikanth advanced after Priyanshu Rajawat retired with the score at 21-14, 11-4. Mithun Manjunath joined

him in the semi-finals following a 21-18, 21-13 win over Manraj Singh, setting up an all-Indian clash.

India's top women's doubles pair Gayatri Gopichand and Treesa Jolly defeated sixth-seed Bengisu Ercetin and Nazlincan Inci of Turkey 21-15, 21-16 to reach the semis, while Shruti Mishra and Priya Konjengbam bowed out after losing 21-13, 22-20 to Malaysia's Ong Xin Yee and Carmen Ting.

Treesa Jolly will also compete in the mixed doubles semi-finals with Hariharan Amsakarunan after the duo beat Australia's Andika Ramadiansyah and Nozomi Shimizu 21-18, 21-14.

However, India's campaign in men's doubles ended as MR Arjun and Hariharan Amsakarunan lost 22-20, 14-21, 21-13 to Malaysia's Kang Khai Xing and Aaron Tai.

Stubborn Monchengladbach holds runner-up Leipzig in Bundesliga

Berlin, (UNI)

Borussia Monchengladbach extended its unbeaten league run to four matches with a 0-0 draw against title-chasing RB Leipzig, showcasing defensive discipline and moments of resilience in a tightly contested Bundesliga encounter. Gladbach attempted to dictate play early, but both sides soon settled into a physical midfield battle that allowed few clear openings.

Leipzig carved out the first notable chances through David Raum and Antonio Nusa, yet neither truly tested goalkeeper Moritz Nicolas. Gladbach's most promising mo-

ment of the first half came when Florian Neuhaus and Jens Castrop collided while attempting to finish from close range, encapsulating a half marked more by effort than incision.

The hosts thought they had broken the deadlock shortly after the restart. Rocco Reitz clipped a clever ball over the defense for Franck Honorat, who finished confidently, only for VAR to rule the goal out for a marginal offside. Gladbach responded positively, generating pressure through quick counter-attacks and well-delivered set pieces, with Kevin Diks heading narrowly over.

Leipzig struck early in the first half through Antoine Assaf in the 26th minute and Paul Maakaroun in the 38th, leaving India chasing the game.

Despite the setback, Bibiano Fernandes' side remains in contention for qualification and will face group leaders IR Iran on Sunday in a must-win encounter to secure a spot in the AFC U17 Asian Cup for the 10th time.

IR Iran currently top Group D with seven points from three matches after a 3-1 win over Palestine, while Lebanon, second with six points, have completed all four

of their games and are already out of contention.

India sit third with four points and can still clinch top spot based on head-to-head results if they defeat Iran. Palestine and Chinese Taipei remain winless and eliminated from the group.

Against India, Lebanon dominated the first half. Assaf's opener came after a defensive lapse, with his precise left-footed strike leaving goalkeeper Rajrup Sarkar helpless. Maakaroun doubled the lead fol-

Sports/Business 11

India-South Africa ODI in Ranchi: slow pitch expected; weather likely to remain favourable



Ranchi, (UNI)

The opening match of the three-game ODI series between India and South Africa will be played on November 30 at the JSCA International Stadium here.

The venue, known for its generally slow pitch, is expected to offer a surface that may not produce a high-scoring contest, though competitive totals remain possible. The average first-innings score at this ground stands at 265, considered modest by modern ODI standards.

The pitch is likely to assist fast bowlers in the initial overs before gradually shifting in favour of spinners, who are expected to play a decisive role as the match progresses.

Out of the six ODIs played here so far, India has won three, lost two, while one match ended without a result. Interestingly, teams losing the toss have a higher win percentage (50 pc) compared to teams winning the toss (33.33 pc).

Historically, India and South Africa have faced each other 94 times in ODIs, with South Africa winning 51 matches and India

securing 40 victories. Given the pitch behaviour and current team combinations, a tactical, slower-paced contest is anticipated, placing added focus on captain KL Rahul's leadership and strategic decision-making.

On the weather front, conditions are expected to remain favourable for uninterrupted cricket.

According to meteorologist Abhishek Anand, cloud cover is likely throughout the day, but there is no forecast of rain. Minimum temperatures will hover around 13-14°C and maximum at 21-22°C. Light winds may persist during the morning but are expected to ease off by noon, posing no significant impact on play.

Shubman Gill remains sidelined due to injury, while vice-captain Shreyas Iyer continues to recover from fitness concerns, leading the BCCI to appoint KL Rahul as captain for the series.

Wicketkeeper-batter Rishabh Pant returns to ODI cricket for the first time since August 2024. Fans are also eagerly awaiting strong performances from senior stalwarts Rohit Sharma and Virat Kohli.

Lebanon defeats India 2-0 in AFC Under 17 Asian Cup

Ahmedabad, (UNI)

India's U17 team suffered their first loss in the AFC U17 Asian Cup Saudi Arabia 2026 Qualifiers as Lebanon secured a 2-0 victory in their penultimate Group D clash at the EKA Arena on Friday.

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India tried to respond, with Gunleiba Wangkheirkpam testing Lebanon's goalkeeper Jason Finianos, but chances remained limited. In the second half, India's attacks struggled to break down Lebanon's disciplined defence. The match ended on a sour note for India as Thonggoumang Touthang received a red card in stoppage time.

India U17 XI: Rajrup Sarkar (GK), Shubham Poonia, Korou Meitei Konthoujam, Dallalmuon Gangte (C) (Mukundo Singh Ningthoujam 46'), Diamond Singh Thokchom (Jasir Khan 60'), Lawmsangzuala, Lesvin Rebelo, Md Aimaan Bin, Heeranganba Seram (Rahul Ahmed 84'), Gunleiba Wangkheirkpam (Azlaan Shah Kh 46'), Denny Singh Wangkhem (Thonggoumang Touthang 44').

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BUSINESS

NIRDC launches 'InDApp' to enhance ease of doing business for MSMEs

Hyderabad, (UNI)



cilitation strategy, InDApp serves as an integrated single-window platform that strengthens the speed, transparency, and efficiency of MSME engagement.

By simplifying access to

government approvals, real-time market information, and nationwide business opportunities, the platform aims to empower entrepreneurs and enable smoother, more informed

decision-making. The platform ensures that micro, small, and medium enterprises, irrespective of scale, sector, or geographical location, can quickly access critical information related to industrial opportunities, market trends, export promotion schemes, financial subsidies, and technology upgrades.

Designed to function as a holistic business support system, the app helps entrepreneurs navigate each stage of their journey, from inception to implementation, while expanding their ability to connect with peers, collaborators, and potential partners nationwide.

turing is the most evolving subject in the present times with the Govt focusing on promoting ease of doing business within the country. This focus has led to a series of legislative reforms and new frameworks aimed at streamlining processes and improving the efficiency of the corporate environment.

"The main issues that need to be addressed to streamline the restructuring include rationalisation of stamp duty, succession planning or Ghar wapsi or reverse flip to achieve regulatory clarity, tax efficiency and operational seamlessness across different jurisdictions and generations", Chawla added.

frameworks and common practices, the listed companies still have a lot of issues with respect to restructuring due to impending issues in financial, regulatory and human capital issues that can derail the entire process.

At the conference, CS NPS Chawla, Council Member of ICSI, said, "Corporate restruc-

Nutritionist Leema Mahajan Clears Myths on Palm Oil and Misleading Labels with Science-Backed Facts

Mumbai: Amid rising consumer confusion around edible oils and growing online misinformation,

the Malaysian Palm Oil Council (MPOC) has launched a new six-part podcast series, aimed at helping Indian households make informed, science-backed choices. The series builds on MPOC's earlier digital initiatives that reached millions of Indian consumers by simplifying the nutrition, science and sustainability behind Malaysian palm oil.

The first two podcast episodes in the series feature nutrition expert and creator Leema Mahajan as the guest. The podcast blends relatable kitchen conversations with evidence-based insights on health, dietary fats, sustainability, and misleading marketing labels. Each episode breaks down widely circulated myths and offers listeners clear, practical takeaways for everyday cooking.

In the first Episode, Leema simplifies the big question, which oil is truly healthy? by stressing balance, and smart cooking habits over eliminating any single oil. She briefly touches on palm oil's science-backed benefits and the importance of rotating oils at home. In the next Episode, she breaks down the rising "No Palm Oil" labels, explaining why they're often



fear-driven and misleading. She urges viewers to look beyond front packet claims and understand what truly makes a product healthy.

What Science Says About Palm Oil, The series integrates current research showing that palm oil is rich in tocotrienols and carotenoids (in red palm oil), compounds recognised for their antioxidant and potential cardiometabolic benefits. Palm oil is naturally cholesterol-free, as cholesterol is found only in animal-based fats. When consumed as part of a balanced diet, palm oil has a neutral impact on blood cholesterol levels.

The podcast reiterates the ICMR-NIN Dietary Guidelines (2024), which recommend limiting visible fats to 25-30 g per person per day and rotating multiple plant-based oils to maintain a balanced fatty acid profile.

The company has informed users that it has collaborated with its service provider to confirm the containment of the breach.

CoinDCX has further cautioned users to stay alert to unsolicited calls, messages or phishing emails, including requests for OTP (one-time password), passwords, PINs, bank details, and links to social media groups impersonating as official company communication.



customer base of Mixpanel. Mixpanel has no access to CoinDCX infrastructure or users' funds," CoinDCX told users in an email communication.